INFORMATION FOR PARENTS/GUARDIANS* OF CHILDREN BEFORE SURGERY

1. Surgeries in Medicus Sp. z o.o. are performed as elective surgery and hospitalization usually does not exceed one day. If, due to medical indications, the Physician advises the Patient to stay longer in the Hospital Ward, the stay shall be prolonged free of charge. The child will always stay in the hospital under the care of one Parent/Guardian*.
2. The patient is discharged from the hospital ward on the next day after surgery, between 7:00 and 9:00 am.
3. Surgical procedures in Medicus Sp. z o.o. are performed under general anaesthesia, the so called narcosis, which ensures comfort for the Patient and allows the Doctor to carry out the procedure efficiently and painlessly.
4. The duration of anaesthesia is selected individually depending on the type of procedure, its duration and the Child's health condition. During the operation, the child receives modern anaesthetics and his or her condition is continuously monitored with specialised medical equipment. The patient is then in a state similar to a deep sleep. The effects of drugs administered by the anaesthetic team, either intravenously or inhalation (in the form of vapours of anaesthetic gases administered for breathing), include sleep and lack of pain. The Child is transported to the operating room and, thanks to prior administration of medication, is not aware of separation from its Parent/Guardian*. After the procedure is completed and the child is awake, as soon as health permits, the Child is returned to the Parent/Guardian*.
5. A planned procedure should be performed in a prepared Child, in the best possible state of health – then it is burdened with the least number of possible undesirable events. The most common include bruising of the venipuncture site, hoarseness or sore throat after intubation, rarely nausea and vomiting. It is also very important to inform the Doctor about moving teeth.
   Despite all the security, there is some risk of anesthesia. The following factors, among others, influence its increase: immaturity of a child (infancy period), chronic diseases, overlapping acute infections, exposure of a child to tobacco smoke.
   Planned treatments in prepared Children in the best health are subject to the fewest adverse events.
6. **With the safety of your child in mind, we ask that you strictly adhere to the following requirements:**
   - **Prolonged pre-operative fasting time should be avoided in all children undergoing surgery.**
   - **In healthy children undergoing elective surgery, it is recommended that they be allowed to drink clear liquids up to 1 hour before induction of anaesthesia (water with/without sugar, clear juices (without pulp), tea without milk.**
   - **Pre-anaesthesia infants can be breastfed up to 3 hours before anaesthesia.**
   - **Children fed with modified milk can be fed up to 4 hours before anaesthesia.**
   - **In healthy children undergoing elective surgery, a light breakfast or non-clarified liquids up to 4 hours before induction of anaesthesia is allowed. (Breakfast cereal with milk or toast spread with butter and jam.**
7. The child undergoing planned surgery should be healthy. **An absolute contraindication to surgery** is an acute bacterial or viral infection undergone in the two weeks preceding the date of surgery, or

* cross out as necessary

bronchitis or pneumonia that occurred in the month preceding surgery. Chronic diseases should be properly treated without exacerbations.

8. **7 days before and 10 days after surgery, please do not give your child salicylic acid derivatives**, which are included in many commonly used, analgesic, anti-inflammatory and anti-influenza preparations, such as: Polopyrin, Aspirin, Aspro, Acard, Polocard, Bestpirin, Scorbolamide, Asprocol, Etopyrin, Askodan, Alka-prim, Salicylamide, Calcypirin.

9. **No immunisation should also be carried out 2 weeks before the planned treatment.**

10. Acute viral or bacterial infection, herpes zoster (also known as cold sores), vomiting, diarrhoea, fever, are contraindications to performing surgery for a Child.

11. In each Child, the Doctor orders blood tests before the operation and, based on the results, authorises the operation. All necessary laboratory tests will be performed in Medicus. As standard, a morphology, blood coagulation system: coalin-kefalin time APTT and prothrombin index INR are performed, and the child's blood group is determined. The scope of examination may be extended by the attending Physician after a medical history.

12. Before the procedure, the anaesthesiologist interviews the Parent/Guardian* of the Child to determine his or her eligibility for the so-called general anaesthesia.

13. **The Parent/Guardian* presenting with the Child for surgery should bring with them:**
    - **identity card or passport, or other document confirming the identity of the Parent or Guardian;**
    - **full medical records: outpatient and hospital information sheets;**
    - **your child's test results, diagnostic imaging, and if the procedure requires it, a CT scan or MRI;**
    - **the medicines the child is taking (either permanently or at the moment) and precise information about their effects and dosage;**
    - **pajamas, change of shoes, toiletries, towels;**
    - **your child's favourite toys, books, games;**
    - **food for yourself and items necessary to stay in the hospital with your Child for 1 night.**

    Before surgery, jewellery must be removed and all metal ornaments and/or piercings must be removed. You can deposit them in the safe, which is located in each room, or leave them at home.

    In the patient room, the Parent/Guardian* sleeps with the Child on one bed or has a comfortable chair available. There is also a possibility to add a folding bed in your child's room for a fee - please inform the staff in advance if you decide to use this option.

14. A hairdryer, television and Wi-Fi access are available in the Patient Room.

15. During the stay in the Ward, Medicus provides the Child with drinks and meals– their type and quantity are determined by the Doctor depending on the procedure performed. For the duration of the child's stay in the Hospital Ward, the Parent/Guardian must provide his/her own meals or make use of the Bistro on the ground floor of the building.

* cross out as necessary

16. During the stay at the Ward, Medicus provides Patients with access to a kitchen equipped with: fridge, microwave, electric kettle and crockery and cutlery. The patient also has access to tea and water to drink.
17. Patients of the clinic have the possibility to order meals to their rooms according to the current menu of Bistro TATIN located on the ground floor of the Medicus clinic (fee according to the Bistro** price list).
18. While on the Ward, the Parent/Guardian* must not give the Child any medication without prior arrangement with the Attending Doctor.
19. After the child's surgery in Medicus, the Parent/Guardian* will receive from the attending physician a hospital discharge together with recommendations for further treatment and post-surgery procedures, prescriptions, if necessary a medical release, the so-called L4 for the child and the parent or legal guardian, the date of the control visit and a phone number to contact the clinic in case of any questions or doubts.

* cross out as necessary
** if you are interested in the current offer of Bistro Tatin, please call tel. 71 769 63 99