INFORMATION FOR PATIENTS
BEFORE SURGERY

1. Surgeries in Medicus Sp. z o.o. are performed as elective surgery and hospitalization usually does not exceed one day. If, due to medical indications, the Physician advises the Patient to stay longer in the Hospital Ward, the stay shall be prolonged free of charge.
2. If the Patient wishes to stay at the Ward for more than one day without clear medical indications, he/she will cover the costs of each consecutive day of stay.
3. Surgical procedures in Medicus Sp. z o.o. are performed under general anaesthesia, the so called narcosis, which ensures comfort for the Patient and allows the Doctor to carry out the procedure efficiently and painlessly.
4. The duration of anaesthesia is selected individually depending on the type of procedure, its duration and the patient's health condition. During the surgery the patient receives modern anesthetics and his or her condition is continuously monitored with specialized medical equipment. The patient is then in a state similar to a deep sleep. The effects of drugs administered by the anaesthetic team, either intravenously or inhalation (in the form of vapours of anaesthetic gases administered for breathing), include sleep and lack of pain.
5. A planned procedure should be performed in a prepared Patient, in the best possible state of health - then is burdened with the least number of possible undesirable events. The most common include bruising of the venipuncture site, hoarseness or sore throat after intubation, rarely nausea and vomiting. Severe and very serious complications are very rare and include a drop in blood pressure, cardiac arrest, respiratory arrest, laryngospasm and bronchospasm, choking of gastric contents, and anaphylactic shock.
6. **With your safety in mind, please strictly adhere to the following requirements:**
   - **6 hours before the procedure you should stop eating solid food and drinking thick juices and limit the amount of liquids you take in.**
   - **It is allowed to drink 100 ml of water or apple juice 2 hours before the scheduled treatment. Afterwards, abstain from both food and drink.**
7. The patient undergoing the planned surgery should be in good general condition. **An absolute contraindication to surgery** is an acute bacterial or viral infection undergone in the two weeks preceding the date of surgery, or bronchitis or pneumonia that occurred in the month preceding surgery. Chronic diseases should be properly treated without exacerbations.
8. **7 days before and 10 days after surgery, please refrain from taking salicylic acid derivatives**, which are included in many commonly used analgesic, anti-inflammatory and anti-influenza preparations, such as: Polopyrin, Aspirin, Aspro, Acard, Polocard, Bestpirin, Scorbolamide, Asprocol, Etopyrin, Askodan, Alka-prim, Salicylamide, Calcypirin.
9. **No immunisation should also be carried out 2 weeks before the planned treatment**.
10. When setting the date of the surgery, women should also take into account the expected date of menstruation, because surgery should not be performed during menstruation.
11. **Acute viral or bacterial infection, herpes (cold sores), vomiting, diarrhea, fever, and pregnancy are absolute contraindications for surgery**.

12. Before the surgery, the doctor orders blood tests for each patient and on their basis gives consent for the operation. All necessary laboratory tests will be performed in Medicus. Normally, morphology, blood coagulation system: APTT and prothrombin index INR are performed, and the blood group is determined. The scope of examination may be extended by the attending Physician after a medical history.
13. Before the procedure, the anaesthesiologist interviews the Patient to determine his or her eligibility for the so-called general anaesthesia.
14. Patients who have been ordered by the Physician to have a chest x-ray or EKG are asked to have them done individually.
15. **Patients presenting for surgery should bring with them:**
    - **full medical records: outpatient and hospital information sheets;**
    - **test results, diagnostic imaging and, if the procedure requires it, a CT scan or MRI;**
    - **medications you are taking permanently or at the moment and precise information about their effects and dosage;**
    - **pajamas, change of shoes, toiletries, towels;**
    - **if the Patient has been diagnosed with varicose veins of the extremities, you should also bring with you compression varicose tights**.

Remove jewelry and remove all metal ornaments and/or piercings before entering the operating room. You can deposit them in the safe, which is located in each room, or leave them at home.

16. A hairdryer, television and Wi-Fi access are available in the Patient Room.
17. The Patient must not consume alcohol for at least 48 hours prior to the scheduled procedure and must not smoke cigarettes for at least 14 days prior to the surgical procedure.
18. During the stay in the Ward, Medicus provides the Patient with drinks and meals - their type and quantity are determined by the Doctor depending on the procedure performed.
19. During the stay at the Ward, Medicus provides Patients with access to a kitchen equipped with: fridge, microwave, electric kettle and crockery and cutlery. The patient also has access to tea and water to drink.
20. Patients of the clinic have the possibility to order meals to their rooms according to the current menu of Bistro KOCHARZ located on the ground floor of the Medicus clinic (fee according to the Bistro* price list).
21. During the stay in the ward, the Patient must not take any medicines without prior arrangement with the attending Physician.
22. Due to the prolonged effect of analgesics and anaesthetics, the patient is unable to drive after the run and should be provided with transportation home. Drugs may also impair the ability to make sober judgements and think logically.
23. After the surgery in Medicus, the Patient will receive from the Doctor in charge the medical history, discharge from the hospital together with the recommendations of further proceedings and post-surgery procedures, prescriptions, date of control visit and telephone number in case of any questions or doubts.

* if you are interested in the current offer of Bistro Tatin, please call tel. 71 769 63 99